Operation Underground Railroad Push-Up Challenge
PLEDGE FORM

Monday, June 18th, 2018 – Monday, December 31st, 2018

OPERATION UNDERGROUND RAILROAD

Name: _____   **Donate:** www.OURrescue.org > DONATE

Total Push-Ups Completed: _____   **Email:** _____

Total Money Raised: _____   **Phone #:** _____

How to Participate:

1. Register online and create an account by going to *OURrescue.org > Events & Media > Push-Up Challenge > Register Now*
   a. Registration begins Monday, June 18th at 12:00am (MST) and ends Monday, December 31st at 11:59pm (MST).
   b. Review the RULES by going to *OURrescue.org > Events & Media > Push-Up Challenge > Rules*
   c. Print this Pledge Form and keep it for your records. (You can print multiple copies of Page 2 if needed).
2. Get Sponsors.
   a. Find people who are willing to support O.U.R. by sponsoring your push-ups and fill out their information on the following page. (sponsor instructions below)
3. Film your push-ups.
   a. In the video: State your name, where you're from, and "Your Story" of why you're competing.
   b. Complete your push-ups by following the "Push-Up Rules" at the above mentioned webpage.
      i. The person filming your push-ups should count for you as you're completing them.
4. Submit Your Push-Up Video.
   a. Upload your video to your Facebook or You Tube account.
   b. Login to your push-up account at OURrescue.org.
   c. On your dashboard:
      i. Enter the embed code for your push-up video.
      ii. Enter the number of push-ups you completed in the video.
   **You can upload a new push-up video as many times as you want throughout the duration of the contest. The video that will count towards any prizes is your most recent entry.
5. Enter your donations.
   a. Login to your push-up account and scroll down to "Add a donation."
   b. To add a new donation, simply enter the data from this Pledge Form.
   c. If your sponsor prefers to submit their donation themselves, be sure to provide them with your "User ID" so that the donation is credited to you for the contest.
   d. All donations should be submitted by December 31st, 2018.

How to Sponsor:

➢ Decide on a dollar amount that you would like to pledge per push-up.
   ✓ For example: If you pledge $1 (USD) per push-up and your participant completes 30 push-ups, you will make a donation to O.U.R. for $30 (USD).
➢ You can submit your donation for the above stated participant by cash, check, or online by going to *OURrescue.org > DONATE*
   ✓ Be sure to enter the participant's User ID so the donation gets credited to them.

Name of Sponsor	Phone number	Pledge $ per push-up	# of push-ups	Total $ Pledged	Cash, Check, or Online	Total Received ($)
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Column Total   [ ]   *Column Total*   [ ]

**This form is for personal use in tracking your sponsors and donations. Please save it for your records.

This form belongs to:

NAME:_____ EMAIL:_____ PHONE: _____